



Aetna Better Health® of Virginia

1-800-279-1878

TTY 711

www.aetnabetterhealth.com/virginia



Anthem. HealthKeepers Plus

Offered by HealthKeepers, Inc.

1-800-901-0020

TTY 711

www.anthem.com/vamedicaid

Magellan  
COMPLETE CARE.

1-800-424-4518

TTY 711

www.MCCofVA.com

OptimaHealth

1-800-881-2166

TTY 711

www.optimahealth.com/familycare

UnitedHealthcare  
Community Plan

1-844-752-9434

TTY 711

www.uhccommunityplan.com/va

VirginiaPremier  
Powered by VCU Health

1-800-727-7536 | TTY 711

Northern Virginia members\* with Kaiser Permanente: 1-855-249-5025

www.virginiapremier.com

**Added benefits:**

**Adult dental and vision**

- 2 dental exams and cleanings and 1 set of x-rays each year
- 1 eye exam and \$100 for frames, glasses or contacts each year

**Healthy moms and kids**

- Maternity incentive program
- Diapers for one month (300 diapers)
- Ted E. Bear, M.D.™ Club
- Free swim lessons
- Free sports physicals

**Phone and online tools**

- Free smartphone with 350 minutes, data and unlimited texts each month
- 24/7 Member Services

**Wellness programs**

- Better Breathing asthma program and second inhaler or nebulizer
- Diabetes Care for Life program

**Other benefits**

- Free rides to grocery store, food bank, place of worship, WIC office and certain social activities (30 round trips each year)
- GED certificate incentive
- Meals delivered to your home after hospital stay, 2 meals each day for 7 days

**Added benefits:**

**Adult dental and vision**

- Dental exam, cleaning and set of x-rays a year

**Healthy moms and kids**

- Boys & Girls Club membership
- Free diapers, umbrella stroller and \$35 Barnes & Noble gift card for baby books
- Free sports physical
- Up to \$30 baby food Kroger vouchers for going to well-child visits

**Phone and online tools**

- Free smartphone with 350 minutes, 3 GB of data and unlimited texting
- Free Chromebook for high school seniors with 3.5 GPA

**Wellness programs**

- \$120 of Weight Watchers® vouchers
- Gift card up to \$50 per goal

**Other benefits**

- 12 free rides to grocery store or food bank per year
- \$120 in GED testing vouchers
- \$25 gift card for good grades
- Coupon book
- Up to \$20 Walmart gift card for completing health screener
- Air purifier (with approval)
- 14 meals delivered to your home after hospital stay

**Added benefits:**

**Adult dental and vision**

- 2 dental exams and cleanings and 1 set of x-rays each year (\$550 year limit)
- \$150 for glasses or contact lenses every 2 years

**Healthy moms and kids**

- Pregnancy supplies and mobile information tools
- Member baby showers hosted quarterly per region
- Yearly sports physicals for children
- Bicycle helmets for children

**Phone and online tools**

- Free smartphone with 350 minutes, 1 GB of data and unlimited texts monthly

**Wellness programs**

- Healthy Rewards gift card up to \$50
- Yearly routine physicals for adults

**Other benefits**

- Fresh meals delivered to your home after hospital stay
- SaveAround retail coupon book

**Added benefits:**

**Adult dental and vision**

- 2 dental cleanings and 1 set of x-rays each year
- 1 eye exam and \$100 for frames each year

**Healthy moms and kids**

- OB care support programs, Baby Showers and incentives up to \$75
- Optima Health Read. Learn. Grow. program

**Phone and online tools**

- Free smartphone with 350 minutes, unlimited texts and free calls to health plan each month
- Web and mobile app tools

**Wellness programs**

- Weight management
- Wellness rewards up to \$50
- Online search tool to find community resources and programs

**Other benefits**

- Up to \$275 for GED prep and testing vouchers
- College application assistance up to \$75 (restrictions apply)
- Member education home visit
- Free sports physicals
- MDLive: 24-hour physician access for non-life threatening health questions or medical needs

**Added benefits:**

**Adult dental and vision**

- 2 dental exams, cleaning, 2 fillings and set of bite wing x-rays each year
- 1 eye exam each year and frames and lenses every 2 years

**Healthy moms and kids**

- \$50 Footlocker gift card for 9-12th graders with 3.5 semester GPA
- Free Boys & Girls Club annual membership fee
- Free breast pump and hospital breast feeding consult
- Prenatal / maternity incentives up to \$100
- Free mattress cover & pillowcase for members with asthma
- Free sports physical

**Phone and online tools**

- Free smartphone with 350 minutes, 3 GB data each month, unlimited texts
- Stress, anxiety, depression app

**Wellness programs**

- 13 Weight Watchers® vouchers
- Healthy Rewards gift card to \$25
- 6 chiropractor visits per year

**Other benefits**

- Fresh meals delivered to your home after hospital stay
- 6 free rides per 6 months to church, grocery, DMV, appointments

**Added benefits:**

**Adult dental and vision**

- 1 dental exam, cleaning and set of bite wing x-rays each year
- Lenses and up to \$100 for frames or contacts every 24 months for non-diabetic members and every 12 months for diabetic members

**Healthy moms and kids**

- Baby Showers
- Prenatal and parenting classes and family planning
- Healthy Heartbeats prenatal and postpartum wellness program with incentives

**Phone and online tools**

- Free smartphone with 350 minutes, 1 GB of data and unlimited texts each month

**Wellness programs**

- Personal fitness program for your specific needs
- Nutrition education program
- Registered nurse and text-based programs to help manage chronic conditions

\*Kaiser: Arlington, Alexandria, King George, Fairfax, Fairfax County, Falls Church, Fauquier, Loudoun, Manassas Park, Prince William and Stafford.